

COMMUNITY

Senior menu

These meals will be provided by Marion Senior Services, 1101 SW 20th Court, Ocala. Lunch delivered by Meals on Wheels and served at congregate sites; dinner at Marion Senior Services. Call 620-3501.

Today: Whole-grain chicken egg roll, chicken fried rice, oriental blend vegetables, whole-wheat roll, mandarin oranges, fortune cookie and low-fat milk

Tuesday: NY charbroiled beef strip w/marsala sauce, garlic mashed potatoes, green beans, whole-grain bread, peaches and low-fat milk

Wednesday: Chili dog, yellow corn, fresh fruit and fat-free chocolate milk

Thursday: Homestyle meatloaf w/onion gravy, mashed potatoes, carrot coins, dinner roll, pears and low-fat milk

Friday: Chicken salad, beet and onion salad, tossed salad, Italian dressing, whole-grain roll, applesauce, blended juice and low-fat milk

Healthy aging

A Healthy Aging talk will be held at 2:30 p.m. Wednesday at the Windsor of Ocala, 2650 SE 18th Ave., Ocala. Dr. Segimundo Pares will provide an in-depth look at some of the biggest topics in aging today such as fall prevention, senior health and options available for care. Refreshments will be provided. RSVP is required. Call 509-6019.

YouthBuild

Recruitment is currently underway for Marion County's 10th Phoenix Rising YouthBuild program. An overview of the program will be held from 10 a.m.-noon Thursday and 1-3 p.m. Friday at the CareerSource Citrus Levy Marion Career Center, 2703 NE 14th St., Ocala. The program helps revitalize economically challenged neighborhoods while making a positive difference in the lives of 18- to 24-year-olds willing to work, in need of a high school diploma and interested in employment and/or postsecondary education or training. Space is limited, so registration is required. Call 291-9550, ext 1215 or 2293.

Supply drive

Marion County Public Schools will hold "Mission: Bus Brigade — Supply Their Success" summer school supply drive for homeless and needy students in Marion County Public Schools. The second donation event will be from 8 a.m.-4 p.m. Saturday at Walmart, 9570 SW State Road 200, Ocala. Residents can donate new school supplies, children's clothing, shoes, personal hygiene items and financial contributions. Call 671-6847 or email thomas.butler@marion.k12.fl.us.